

Costa Rica Internships

Summer Internships in Costa Rica
January Term Internships in Costa Rica
Semester Internships in Costa Rica
Volunteer from home

Welcome to VIDA, a new and exciting non-profit volunteer program that offers hands – on, eye-opening, and mind-enriching international volunteer experiences to students and professionals of medical, dental, veterinary, engineering, and other fields. We unite globally – minded volunteers from all over the world to participate in sustainable volunteer projects. We provide unique and unparalleled volunteer experiences for those who want to learn about tropical medicine, discover new cultures, and share with those less fortunate while providing free health and construction services to improve quality of life for impoverished people in Costa Rica, Nicaragua, and Panama.

We offer volunteer service trips, commonly referred to as medical brigades, medical missions, dental brigades, dental mission trips, or service learning trips that provide free basic medical and dental care to needy communities which includes an emphasis on public health education. We also offer veterinary medicine brigades in which we provide free spay and neuter clinics, as well as consultations, vaccination of livestock and educational information for farmers. Furthermore, we provide construction and maintenance services to communities and families with limited resources in developing nations.

VIDA is currently accepting volunteer interns for a minimum of 12 weeks in beautiful and tropical Costa Rica. Want to immerse yourself in Latin American culture and improve your Spanish? Want to spend your summer or January term volunteering or interning in Costa Rica? Come and join us, experience the ideal learning environment where creativity flows and a team environment really exists.

Ideal candidates would have previous experience in one of the following areas: grant research, grant writing, word, excel, powerpoint, excel or marketing. Experience preferred, but definitely not required.

Requirements: Positive attitude, dynamic self – starter, and a flexible personality!!

Basic Spanish helpful

Interns are required to work 30 hours per week in exchange for lodging in the central valley of Costa Rica. Priority will be given to those interns who are able to make at least a six month commitment.

Persons interested in a longer volunteer internship (minimum 12 months) may qualify for meals and lodging.

Intern Candidates need to submit the following items to be considered for the following opening:

Cover letter and resume

Copy of first page of valid passport

2 Page written personal statement regarding interest in internship with VIDA in Costa Rica

4 References (1 may be personal)

Current driver's license

Homeland Security criminal check (no more than 60 days prior to departure)

Interns are required to have International health insurance, major credit card in case of emergency, sufficient monetary funds for extra food, personal items, transportation, etc as well as a return ticket home.

Volunteer Intern responsibilities:

1. Assist with grant writing and research
2. Assist with data entry in excel documents
3. Assist with running office errands as needed
4. Sort and package medications/supplies for service trips
5. Assist with office support as needed
6. Research health statistical data worldwide
7. Organize PowerPoint presentations
8. Organize Fundraising campaigns
9. Assist with organizational charts, manuals, etc
10. Other various tasks
11. Develop and implement marketing plan

Unable to come to Costa Rica, but still want to help VIDA in Central America?

Consider becoming one of the growing numbers of volunteers we work with that volunteer from home. There are so many opportunities for those who have a few hours to donate per week and would like to do so from home. We always have small research projects, internet investigation projects, on-going fundraising projects, etc that we need assistance with from people like you!